

BALI SOJOURN 2025

A unique opportunity to reflect on the life you've lived, choices made, wounds carried, strengths forged, and an invitation to step more fully into the man you're becoming with greater clarity and intention.

Wed 12 - Wed 19 Nov 2025
Bali, Indonesia

Bali Sojourn is an opportunity for you to explore your next stage of life, in the company of other men, surrounded by Bali's beauty, healthy food, amazing accommodation and cultural exposure. It is aimed at men aged 28-50, who value personal development and are willing to invest in themselves to become better individuals and emerging leaders.

Vision Villa Resort

This unique venue offers participants all of the comfort of a private retreat space, where we will be the only residents!

Each airconditioned room is beautifully furnished and designed for your privacy and comfort with bathroom, indoor and outdoor garden seating.

A pool, restaurant, and spa complete the setting. You will be cared for by gracious and attentive staff.



What Happens at the event?

This is not your average getaway.

It's a bold step into connection, reflection, and growth, all held in a safe, respectful, and powerfully facilitated space. This is a space where men come together — not to fix themselves, but to remember who they are.

You'll be immersed in powerful, respectful group work rooted in trust, choice, and vulnerability. Through innovative workshops, embodied processes, and real conversations in circle, you'll be invited to drop the armour and meet yourself — and other men — with honesty and heart.

We weave in ritual, reflection, and moments of stillness — alongside laughter, music, and rich connection. You'll walk through vibrant Balinese villages, share meals prepared with care, and soak in the culture, beauty, and spirit of the land.

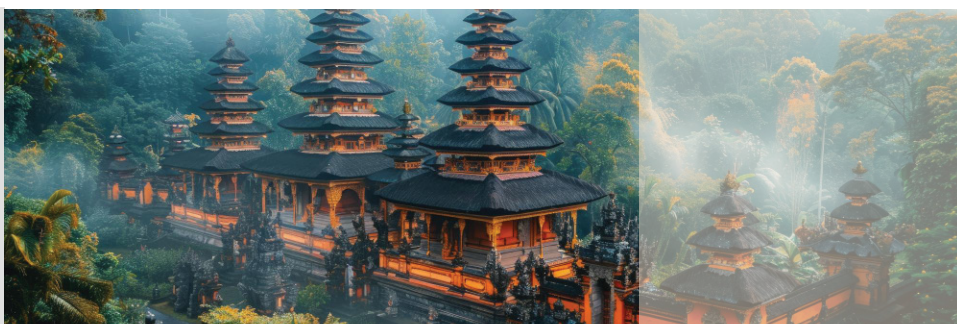
This event offers more than rest. It's a return - to your truth, to your body, to your direction. It's a springboard into what's next, grounded in the strength of community, the depth of shared experience, and the freedom just to be yourself.



During the week, you will experience:

- Transformational group work, grounded in trust, honesty, and real conversation
- Innovative workshops and deep sharing circles that invite you to show up fully: no masks, no pretending
- Time for stillness, ritual, and personal reflection
- Nourishing food, care, and service that honour your whole being
- Moments of play, music, laughter, adventure and the simple joy of being with other men on the same path
- Village walks, meditation, bodywork, and exposure to rich local Balinese culture
- Connection that feels real - not forced - and friendships that go beyond small talk

More than just a pause from everyday life, it's an invitation to meet yourself at a deeper level, to reconnect with what matters most, and to walk away clearer, stronger, and more aligned with the next part of your life's journey.



Why Bali?

Because transformation asks for space, and Bali generously provides it.

This island invites presence. From the vibrant landscapes to the gracious spirit of its people, Bali offers a setting that slows the noise of everyday life and brings you back to what matters.



For seven days, you'll be held in an all-inclusive, fully facilitated experience — with exceptional service, nourishing food, and soulful accommodation just far enough off the beaten path to let you focus on you. No distractions. Just space to reflect, reset, and reconnect.

This is not a holiday. It's a journey, and Bali is the perfect host.

For those with partners, many men choose to extend their stay, arriving early or staying on afterwards to share time together. This can be a powerful way to integrate what's opened up during the retreat.

Come for the growth. Stay for the beauty. Return home transformed.

What's In It for You?

- A renewed willingness to release the weight of the past and meet life with fresh eyes
- Greater clarity on the road ahead — not just what you want to do, but who you want to be
- A deeper, more grounded connection to family, place, and personal story
- The courage to fully own and honour your life's journey so far: the highs, the lows, and everything in between
- A strengthened sense of self-respect and a genuine respect for the path others walk
- Insight into your deeper purpose, and how to bring that into your daily life, **with intention**

Who else is going?

You will be joined by other men who are ready to explore the next stage of their journey in a safe, supportive and abundant setting, with the facilitation of our experienced program guides:



Luke Di Sessa

Luke Di Sessa is the Founder and Director of Good Better Best Men, a nonprofit guiding men into deeper self-awareness, strength, and authentic connection. He facilitates transformational group work through programs like Begin the Journey, Lead the Journey, and the bush-based Log Cabin Project. Luke also brings his grounded presence to global men's spaces with *Self:Cervix*, exploring polarity, emotional integrity, and healthy relationships. With years of experience in men's work, community leadership, and somatic facilitation, Luke creates spaces where men feel safe to drop the armour, reconnect with their truth, and step into the next chapter of their lives.



John Broadbent

John Broadbent is an engaged father to 2 young men, a husband and a business owner. He has actively been involved in men's work for almost 30 years, published 'Man Unplugged (Secret Men's Business For Men And Those Who Love Them)', and continues to explore his eldership by helping other men take their inward journey with clarity of purpose and support. He, too, has experienced the enhanced richness and fullness of life, resulting from men's work and how that has deeply supported his unfoldment. John offers this retreat as part of his journey, paying forward the support and encouragement he's received from those elders on whose shoulders he now consciously stands.

Price for this all-inclusive retreat is \$4,400* and covers:

- Airport transfers to and from Denpasar airport
- 7 days and nights of full accommodation, in private rooms
- All breakfasts, lunches and evening meals
- All group work sessions (30++ hours)
- Multiple surprise special events!

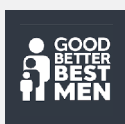
*An early-bird price of \$4,000 is available if deposits of \$1,000 are received by the advertised early-bird date, with final payment due **45 days before the start date**. Payment plans are available by request.

Cancellations

There are a limited number of places available at the event, so we need to manage bookings carefully:

- Cancellations less than 60 days before the start date forfeit 100% of the deposit payment. We will, however, refund the deposit **if we can fill your cancelled place**
- Cancellations between 60 and 90 days before the start date forfeit 50% of the deposit payment unless we can fill the cancelled place
- Cancellations within 45 days of the event forfeit 100% (due to the prepaid nature of reserving the retreat), again, unless we can fill your place
- If we cancel the retreat for any reason, a full refund of your deposit and all other monies will be made to all participants

Bali Sojourn is a collaboration between Good, Better, Best Men and Man Unplugged



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